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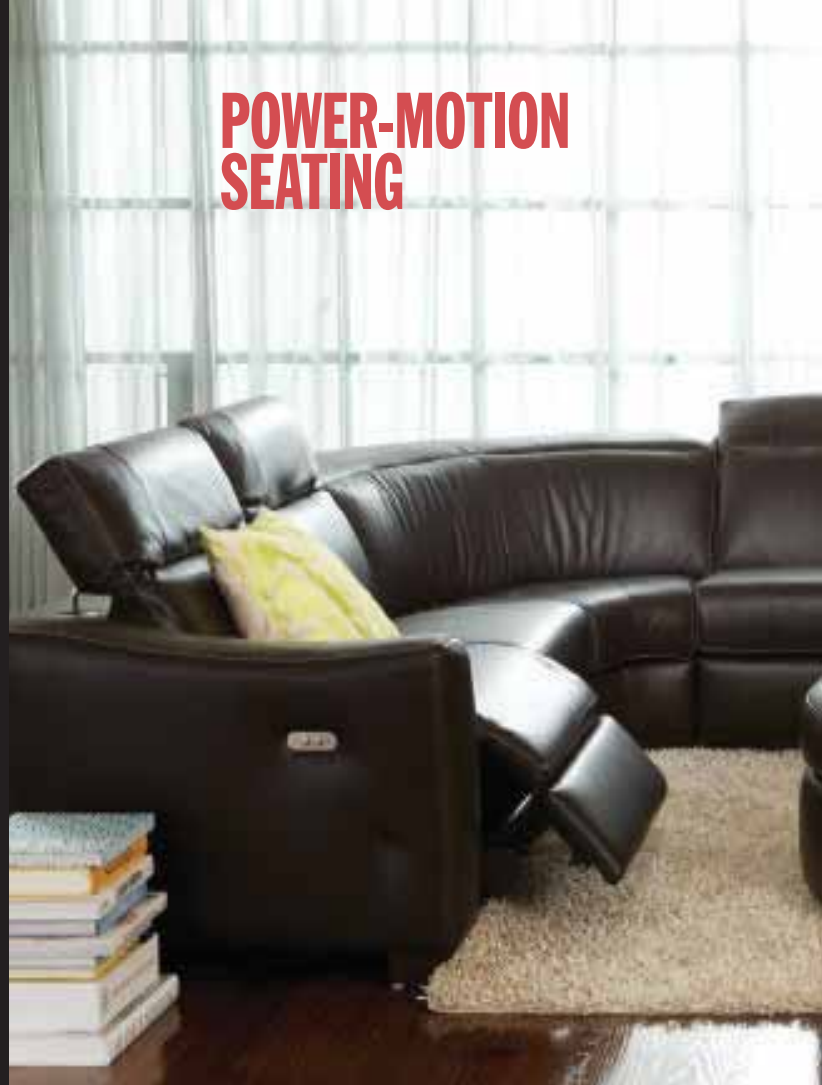
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BROWN HAD MOVES LIKE JAGGER FIRST

ICON DISCUSSES GODFATHER OF SOUL BIOPIC. PAGE 13





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Arrest videos put NYPD on hot seat

Crime. Bystanders captured the death of Eric Garner of Staten Island on video, raising questions about the use of force by police. A new crop of arrest videos that reportedly shows police officers using excessive force are prompting New Yorkers to rethink what the face of resisting arrest looks like. PAGE 02

Got what it takes to Escape the Room?

PAGE 14

Wiz Khalifa gets ready to light up the town

PAGE 15

Express yourself with your duvet

PAGE 18



Members of the Society of Asian Federal Officers practice rowing their dragon boat at Meadow Lake to prepare for the NYC Hong Kong Dragon Boat Festival. / MILES DIXON, METRO



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1 NEWS

Today's tweet

"You realize that tomorrow is SHARKNADO: NEW YORK!!!! NOTHING ELSE MATTERS!!!!!"

@petershankman

Manhattan

Maloney wants pandas in Central Park

Congresswoman Carolyn Maloney wants to bring two giant pandas to the Central Park Zoo. On Sunday, Maloney heads to China where she will visit the Chengdu Research Base of Giant Panda Breeding to apply for a pair of pandas. "For 15 years, I've been asking Chinese officials every time I meet them to give us a panda," Maloney said. "For the first time last month, they've seriously said we should apply."

Manhattan

Officers recovering after deadly shootout

Two U.S. Marshals were released from the hospital after being injured during a deadly shootout with a suspected child molester on Monday, authorities said.

The federal officers were hurt after Charles Mozdir, 32, opened fire in a West Village smoke shop when officials tried to apprehend him, police said. An NYPD detective hit in the stomach was still recovering at Bellevue Hospital.

Authorities were trying to execute an arrest warrant on Mozdir, who had been on the run since he was accused of sexually abusing a California boy in June 2012, officials said. He was killed during the shootout and his revolver was recovered at the scene, police said.

Investigators have since found a computer, laptop, medication and an out-of-state driver's license in an East Village apartment where they believe Mozdir was staying, police said.

ANNA SANDERS



The crime scene
GETTY IMAGES

NYPD feeling heat from arrest uploads



Bystanders ability to shoot and upload video instantly unfairly distorts things, the NYPD has suggested. / GETTY IMAGES

New videos

Since Garner's death, a number of videos showing supposed police abuse from resisting arrest have emerged.

- One video led to a cop being reassigned after it appears to show him slamming his foot into a Bed-Stuy man's head.
- Another showed a supposed fare evader being placed in what appears to be a chokehold.
- Recently, a video shows an officer seemingly putting a pregnant woman in a headlock after she protested her husband's arrest.

New York City.

After Eric Garner's death and a series of troubling videos, questions arise.

What caused Eric Garner's death is still unclear, even as people around the world continue clicking on a video of his arrest and death from what looks like a chokehold.

In the days since the Staten Island father of six died under police custody, City Hall and 1 Police Plaza have seen a growing number of eyewitness videos taken during other arrests pile up on their digital doorsteps.

What to do

Chris Dunn from the NYCLU said it's important to stay calm when you are being confronted by police.

- He said not to struggle, even if you think you are innocent.

showed the father of six was making it known "that he was not going to allow that arrest to occur."

Divad Durant, a Bronx-based organizer questioned Bratton's conclusion.

Last year, Durant found himself surrounded by police as he filmed a march for teen Kimani Gray, who was fatally shot by cops after allegedly pulling a gun.

Durant said he didn't object to the arrest, at least until one officer painfully twisted his arm.

"When I told him what he was doing to me, he said I was resisting arrest," he recalled.

Just as New Yorkers have a right to remain silent they are also entitled to question why they are being arrested, said

Chris Dunn, associate legal director for the New York Civil Liberties Union.

"Police still have the burden of proving that something happened," Dunn said.

Garner's case and others were caught on camera by eyewitnesses, a concept that troubles Bratton. The top cop argued police are required to police constitutionally, but citizens are also obligated to "submit to arrest."

"We have thousands, unfortunately, of documented instances of resistance to arrest as well as bystander interference with that arrest," he said.



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Brooklyn

Off-duty cop helps suicidal man off train tracks: NYPD

An off-duty cop helped save a suicidal man who jumped onto the tracks of the R train in Brooklyn on Tuesday, police said.

Sgt. Michael Burrello was on his way to work when he and other strap-hangers saw a 39-year-old man lying on the tracks at

the 86th Street station in Bay Ridge around 5 a.m., police said.

Burrello jumped onto the still-electrified tracks and spoke to him, discovering the man attempted to commit suicide, police said. Eventually the sergeant convinced the man to stand up and, with others, helped him back onto the platform. Police said the man was taken to Lutheran Hospital for evaluation. ANNA SANDERS

Queens. Former councilman found guilty in corruption case

Former Queens Councilman Dan Halloran was found guilty on Tuesday of taking and arranging bribes after a two-month corruption trial.

Halloran, a Republican, was accused of orchestrating a bribery scheme during an attempt to get Democratic state Sen. Malcolm Smith on the GOP ballot for mayor.

Both were arrested in April 2013.

Jurors found Halloran guilty of accepting \$20,000 to deliver bribes to Republican Party officials.

He was also convicted of taking a \$15,000 cash bribe in exchange for designating up to \$80,000 in New York City funds to a nonprofit entity.

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Dan Halloran / GETTY IMAGES

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Queens

Mets donate to aid Pavilion

The New York Mets are donating a portion of ticket sales from Friday's game to aid the crumbling New York State Pavilion.

The New York State Pavilion, in Queens, was the site of the 1964 World's Fair and has long been in disrepair. Now, the Mets are helping in its rehabilitation by raising money for the People for the Pavilion, a group founded to save the structure.

"The State Pavilion is an integral part of New York City's history," said Salmaan Khan, co-founder of PFP.

SAMAR KHURSHID



New York State Pavilion
 GETTY IMAGES

Brooklyn. Anti-Islam flier investigated

An anti-Muslim flier was found at a Bensonhurst apartment building over the weekend, prompting an investigation by the New York City Police Department's Hate Crimes Task Force.

"Islamists! Go to your country!" the flier exclaimed. "USA hates you!"

With clip art depicting a woman in a burqa and the word "Islam," the poster accuses Muslims, many of whom ended the holy month of Ramadan on Monday, of being "terrorists" and "bastards" as well as being "the second Holocaust."

Authorities confirmed that at least one copy of the handout was recovered in the hallway of a building in the Shore Haven apartment complex.

City Councilman Mark Treyger decried the print-out as "hateful."

Police have made no arrests and consider the investigation ongoing.

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The flier
 @TAKEONHATE

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Mark Treyger

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Legalizing pot in US has not spurred use among teens

Marijuana. Alaska and Oregon are set to vote on legal recreational use in November.



Austin Labry, right, and Kelsey K. from New Orleans, Louisiana, check out the selection at Denver Kush Club. / GETTY IMAGES

A rise in marijuana use among U.S. teens over the past 20 years has no significant tie to the legalization of marijuana for medical use in many states, according to a new research paper.

Comparing surveys of marijuana use by adolescents conducted annually by the federal Centers for Disease Control and Prevention, researchers found the probability that a high schooler had used pot in the last 30 days was no more than 0.8 percent higher in legal states compared to states that had not

Peak use in 1979**51%**

Use among 12th graders peaked in 1979 at 51 percent and fell to 22 percent in 1992. Use slowly increased after 1992, but has leveled since 2011.

approved medical marijuana.

"Our results are not consistent with the hy-

pothesis that the legalization of medical marijuana caused an increase in the use of marijuana among high school students," D. Mark Anderson of Montana State University, Daniel Rees of the University of Colorado and Benjamin Hansen of the University of Oregon wrote.

Marijuana remains illegal under federal law. **REUTERS**

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US, EU announce new sanctions on Russia

Measures. They mark the start of a new phase in the biggest confrontation with Moscow since the Cold War.

The United States and the European Union on Tuesday announced further sanctions against Russia, targeting its energy, banking and defense sectors in the strongest international action yet over Moscow's support for rebels in eastern Ukraine.

In Brussels, diplomats said ambassadors from the 28-member European bloc agreed to restrictions on trade of equipment for the oil and defense sectors, and "dual use" technology with both defense and civilian purposes. Russia's state-run banks would be barred from raising funds in European capital markets. The mea-



President Barack Obama makes a statement on the situation in Ukraine on the South Lawn of the White House / GETTY IMAGES

Quoted

"Russia's actions in Ukraine and the sanctions that we've already imposed have made a weak Russian economy even weaker." Obama

sures would be reviewed in three months.

German Chancellor Angela Merkel, who had

been reluctant to step up sanctions because of her country's trade links with Russia, said the latest EU measures were "unavoidable."

Previously Europe had imposed sanctions only on individuals and organizations accused of direct involvement in threatening Ukraine, and had shied away from wider "sectoral sanctions" designed to damage its biggest energy supplier.

REUTERS



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Sex website seizure spurs bid to make prostitution legal

Sex workers. The Web forums used to offer independence from pimps, traffickers and violent customers.



Margo St. James started the sex worker rights organization COYOTE in 1973. / GETTY IMAGES

The head of San Francisco's Erotic Service Providers Union has been a sex worker for 24 years. "I hope to be doing it for another 24," says Maxine Doogan.

But she dreams of a future when she won't be treated like a criminal and could earn a little respect in the city that launched the fight for sex worker rights 41 years ago.

Calls by Bay Area sex workers for decriminalizing "consensual" prostitution have been spurred anew following the FBI sei-

zure of a West Coast sex services website that prosecutors say hooked up clients with prostitutes and that sex workers saw as a vital forum to screen for safety.

The shutdown in June

of MyRedBook.com left local sex workers scrambling for business and worried about their safety.

The fight for sex worker rights was launched in 1973 by feminist and self-described prostitute Margo St. James with COYOTE organization, "Call Off Your Old Tired Ethics."

But the battle in San Francisco has lost ground in recent years in the face of the influence of religious conservatives, continued opposition by some feminists and the repeated link made by law enforcement between prostitution and sex trafficking, activists say.

Sex workers say decriminalizing prostitution would be the best way to fight trafficking by ending the black market and allowing women to report crimes against them.

REUTERS

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Foot Pain

KF-1-M

OMG! Who's up for a nightcap? New app will lead the way to the next bar

A new smartphone app shows you the way to the next late night bar. NightCapp — created by British amateur developer Graham Paterson — pinpoints the location of 1,500 of London's drinkeries on an "easy-to-booze" map. The high-spirited gizmo, currently only available on Android, even alerts users to watering holes that are within one hour of closing time by changing the location marker from green to orange. The Londoner tells us why he decided to make grabbing one for the road that much easier, and how you can make your city the next to get the app.

It can be tough finding a bar that's open after 3 a.m. Is that why you came up with the app?
Yeah, basically, I

just spent too long wandering the streets of London at 3 a.m. You think you know somewhere until you're in that situation and it's quite difficult to find somewhere, especially if you want a quiet bar rather than a club.

When was the last time that you were aimlessly wandering the streets looking for a place to drink?

It was ages ago, actually. I made the first version of this app about a year ago, and that was

when I was wandering around purely for testing reasons. I'm actually really glad it didn't exist back then, because I would have spent all of my money and liver on alcohol. So I feel quite bad for people who do use it.

EDWARD THOMPSON, MWN



Abroad

"We want to do a few more in England first. But on our website, people can tell us where they want NightCapp to come to next."

In response to: Will you soon take the NightCapp app overseas?

Beyond tipsy

Will people stay for one too many?

"No, I don't think it's like that. ... It's in line with the [24-hour train] that'll soon be open in London. ... Also, it's not very easy to access the opening hours [of bars]. ... A comprehensive bar guide [is] good for them."



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Freddie Prinze Jr. trashes Sutherland

If you're wondering where Freddie Prinze Jr. has been for the last few years, it's sitting at home and seething about Kiefer Sutherland. The "She's All That" star opened up to ABC News about how working on Sutherland's "24" almost drove him into early retirement. "Kiefer was the most unprofessional dude in the world. That's not me talking trash, I'd say it to his face. I think everyone that's worked with him has said that," Prinze says. "I just wanted to quit the business after that. So, I just sort of stopped. I went and worked for Vince McMahon at [professional wrestling organization] WWE,



Freddie Prinze Jr.
ALL PHOTOS GETTY IMAGES

for Christ's sake. And it was a crazier job than working with Kiefer. But at least he was cool and tall. I didn't have to take my shoes off to do scenes with him, which they made me do. Just put the guy on an apple box or don't hire me next time. You know I'm 6 feet and he's 5-foot-4." Prinze also says Sutherland would regularly show up to work drunk and sit in his trailer for hours, keeping everyone waiting.

Quoted: Sutherland's rep fires back

"Kiefer worked with Freddie Prinze Jr. more than five years ago, and this is the first he has heard of Freddie's grievances. Kiefer enjoyed working with Freddie and wishes him the best."

Zack and Cody can legally drink now

Here, this should make you feel sufficiently old: Remember little Ben, the son of Ross on "Friends"? Or the kid who learned about public urination from Adam Sandler in "Big Daddy"? Well, he's 21 years old now. That's right, Cole Sprouse — and his identical twin

brother, Dylan, naturally — is now of legal drinking age. The twins might be more familiar to younger readers as Zack and Cody from Disney's "The Suite Life of Zack and Cody," which is fine. Even younger readers should get to feel shockingly old from time to time.



Lohan's quotes come at a cost

A girl's got to make a living, right? While visiting Austria recently for a gala, Lindsay Lohan was reportedly asked to do an exclusive TV interview, to which she gladly agreed — as long as they'd pay her 30,000 euros for the appearance. Now, it's not out of the ordinary for talk shows to pay famous guests an appearance fee, but yikes. Forty grand? In euros? Maybe she was going to finally reveal the secret of why people like Kombucha. Anyway, Lohan clearly knows what she's doing, because the TV folks paid up.

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Mick Jagger covers James Brown

The Rolling Stone dishes on his history with and movie about the Godfather of Soul. **MATT PRIGGE**

His run-in with JB

There's a scene in the James Brown biopic "Get On Up" where the then-Mr. Dynamite (played by Chadwick Boseman) has a brief but rough run-in with The Rolling Stones. Brown had been scheduled to close out "The T.A.M.I. Show," a legendary 1964 live concert film packed with soul, rock and folk groups. Instead, he was bumped to second-to-last place, and the then-nascent Stones were given the closer. Brown retaliated by delivering the kind of set that's impossible to follow up, then strode past them, mocking them.

Brown is still getting the last laugh in the afterlife. "Get On Up" boasts Mick Jagger as a high-profile producer. Still, Jagger remembers the incident somewhat differently.

"James was a bit annoyed about not being the last one in the show," Jagger recalls. He knows this because he

actually was the one forced to tell Brown the news. "I was the fall guy. They said, 'Go and talk to him.' When you're 20, you say, 'Sure,' instead of saying, 'That's not my job. That's your job.' But when you're 20, you're like, 'Sure.'"



CHADWICK BOSEMAN PLAYS '70S JAMES BROWN IN "GET ON UP."

D. STEVENS

The one thing he stole

Jagger, of course, was already a Brown fan, but he tried not to completely rip off his stage style. "I could never do his dance routines, the way Chad does in this movie," Jagger admits. But he did try to take something: "The thing that impressed me was how he interacted with the audience. ... It's not just your performance; it's the interplay."

His favorite Brown work

Jagger most adores the whole of his seminal "Live at the Apollo" record. "I loved every tune on it. I knew them all backwards. I knew all the intros and segues," he says. The record was, for a while, the only way he could experience Brown's act. "What was odd was that I had actually never seen him perform," he says. "I imagined the whole thing in my head."

Making the film the best it can be

"I think this is a bit more than a generic biopic. It's telling a story about adversity. It's telling a story about someone who's single-minded. It's telling a story about how he's obsessed with making himself into somebody from nothing. It's about the price he has to pay for that. It could have been a fictional story." Jagger



Mick Jagger served as one of the producers on the James Brown biopic "Get On Up." / WIREIMAGE



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Clues lead players to the key to unlock the door and go free. / MILES DIXON, METRO

Challenge yourself to Escape the Room

Gaming. Leave the console at home and start playing with your friends in real life.

Wouldn't it be fun to get locked in your office with your co-workers one night? No, probably not. What if you had to solve puzzles to secure your freedom? Now you've got a game.

"Escape the room" games are a sensation in Japan and China, but NYC just embraced the craze in 2014. Obviously, Metro had

to try it out.

We visited Escape the Room NYC, run by the mysterious Victor Blake, a former math major who quit his finance job to pursue real-life gaming. Blake currently runs five rooms suitable for various group sizes, with multiple themes and that are regularly updated to keep things fresh.

Our group consisted of 10 people, a mix of friends and colleagues. Blake says it's better to have a "self-selecting crowd." In fact, groups of random ticket-buyers are best. "Friends have power dynamics established," Blake says. "People listen more when they

don't know each other."

Once we arrived at a nondescript building in Midtown, gamekeepers took our possessions for safekeeping. Then we were locked inside a small office space, and the clock started ticking. We had one hour to riddle our way to freedom — or not.

Our team immediately began tearing into the props, furniture and very structure of the room to find answers: "Everything is a clue," the gamekeepers tell us. Logic is necessary to see patterns and solve puzzles, but no special skills are required.

You get two clues that

the group can use at any time. "Clues are a safety valve to get you through," Blake says. It helps to keep the momentum going if players hit a wall.

We did end up getting out — with seconds to spare (59:45 in a room with a record of 46:13). There's about a 15 percent escape rate, Blake says. But don't worry about failing to get the key in time: Playing, itself, is an adrenaline rush, and you're just going to want to come back and try again.



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If you go

Escape the Room NYC

Choose from themes in either Downtown or Midtown Manhattan: Downtown hosts The Theater (10 players) and The Apartment (12 players); Midtown hosts The Office (a workplace setting for up to 10 players), The Agency (a spy thriller for up to 8 players) and The Home (a Sherlock Holmes-inspired mystery for six players). \$28, www.escapetheroomnyc.com

Need to know

Common questions

The game is perfectly safe (It's moderated and adheres to fire code.) and not at all scary (You're not in the dark unless you turn off the lights, and then there are windows to the outside world.). So ignore any campfire rumors that a few early players are still in there today, trying to get out. We're just looking forward to getting back in, as soon as possible.

Young, wild and free

Getting high. Wiz Khalifa is ready to "Rise Above" with a No. 1 album debut.

It's well into the third year of Wiz Khalifa's hip-hop and herb-themed Under the Influence of Music tour.

This year's lineup features Khalifa along with Jeezy, Ty Dolla Sign, Sage the Gemini and more. Dem Boyz head to Nikon at Jones Beach Theater in Wantagh on Thursday.

Khalifa's tour is becoming increasingly influential even though you can count the number of hip-hop package tours on one hand. It debuted in 2012 with fellow Pittsburgh rapper Mac Miller co-headlining, and last year, A\$AP Rocky was on board.

"The live performance is really important to go along with the music," Khalifa says. "It gives the fans another experience."

This might also be the moment when Khalifa moves from hip-hop celebrity to cross-over star. His new album, "Blacc Hollywood," drops Aug. 19. The video for the lead-off single, "We Dem Boyz," has been viewed 28 million times on YouTube. Can a No. 1 album debut be next?

"I hope so — each of my other projects came out at No. 2," he says. "This time it's really strong, and it's got a really good buildup."

CHRIS JORDAN
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RAPPER WIZ KHALIFA'S NEW ALBUM, "BLACC HOLLYWOOD," IS SET TO DROP AUG. 19.
MIKO LIM, ATLANTIC RECORDS

Backstory

Getting personal

Khalifa, born Cameron Jibril Thomaz, put Pittsburgh on the hip-hop map with his 2010 city anthem "Black and Yellow." He's released a string of hits since then, along with two albums, 2011's "Rolling Papers" and the 2012 follow-up, "O.N.I.F.C."

His forte has been stoner raps, party jams and mid-tempo ballads — most of which reveal his enjoyment of herb, which is a common theme.

"I enjoy knowing a lot about artists that I'm a fan of," he says, "so when it comes to making my music, I try to do the same thing."

If you go

Under the Influence of Music Tour

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How to barbecue without the backyard

Saving money at a barbecue joint can be a challenge, but I have gladly conquered it. I look for restaurants where I barely need utensils, as the tender meat falls apart in my hands and mouth.

Georgia's Eastside Barbecue

192 Orchard St.: Georgia's is small in size and big on taste and value. From 3 p.m. to 5 p.m. Monday through Friday, you'll find \$2 beers and sandwiches are \$5. Go for the pulled pork or the fried chicken. The menu is always reasonable, with \$5 sides such as green beans with blue cheese and bacon and luscious homemade desserts. The grilled andouille sausage is \$5, and the BBQ sampler is \$18. They are also a great catering choice, with dinners starting at \$25 per person.

Hill Country Barbecue Market

30 W. 26th St.: The moist brisket melts in your mouth and is easily the best I've ever had. All the meats are priced per pound, so start small to find your favorites. Sides starting at \$3.75 help keep costs down. Take advantage of \$5 drinks from 4 p.m. to 7 p.m. daily.

Brother Jimmy's

Various locations: I like Brother Jimmy's because they love a good deal. Check the website for money-saving options every day. On the Upper West Side, appetizers are half-price from 4 p.m. to 8 p.m. Monday through Friday and all night Tuesday. Beers and well drinks start at \$3. I like the half-price rib tips (\$3.75) and the hot wings (\$5.50).

For exclusive commentary, visit Metro.us/blogs.

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MONICA DINATALE

Monica DiNatale is a bargains expert, food host and author of "365 Guide New York City," a treasure trove of restaurant deals and bar specials in NYC available in paperback and e-book.



The Weekly Yelp. Sip a drink or people-watch on a summer patio



Sweet and Vicious has a sweet patio. / CHRISTINE K., YELP

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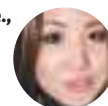


Sure, it's T-shirt weather now, but the sad truth is, we only have about two and a half more months to enjoy the many patios that dot the Manhattan bar and restaurant scene. If you snooze you lose, comprehend? So get outside and soak up some vitamin D!

Rudy's Bar & Grill

627 Ninth Ave., Hell's Kitchen

There's not much reason to dislike Rudy's Bar & Grill, unless you absolutely detest the following: dive bars, cheap drinks, jukeboxes, outdoor patio space and free hot dogs. SARA S.



Vespa

1625 Second Ave., Upper East Side

An unassuming



storefront hides one of the best patios on the Upper East Side, making Vespa a good choice for dinner on a nice evening. TOM E.

Sweet and Vicious

5 Spring St., Nolita

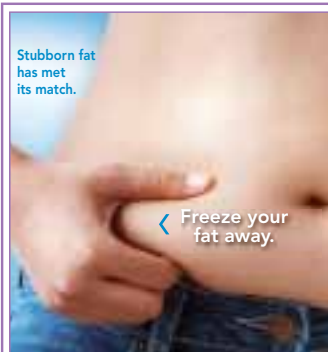
Music's always bumping. Love this place. The patio's my favorite chill spot. EDDIE C.



Loreley

7 Rivington St., Lower East Side

Their outdoor patio is so nice, although it can get a little hot! Great for brunch because you can pack a lot of people at a picnic table, but be prepared for heavy German food and beer. You'll need someone to roll you out of there. LAURA H.



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Luxury homes on track for NYC record

Real estate. Over the past year, 30 percent of \$15 million-and-up transactions were concentrated in new developments.

The number of sales of single-family properties in New York City at or above \$15 million hit a new post-recession high over the past 12 months, with 76 closed sales at that price point recorded throughout the five boroughs.

At that pace, \$15 million-and-up sales are on track to set a record in 2014, says Jonathan Miller, president and CEO of appraisal firm Miller Samuel.

The last time deals at that threshold were this high was in 2008, when 90 sales at or above \$15 million were recorded, according to ACRIS data.

Of the 76 closed sales, 24 were located in new condo developments, the data shows. And that number, currently accounting for roughly 30 percent of the last year's sales in the price bracket, is expected to continue to rise.

"I think that [number] is undercounting, in the sense that there's a lot of product just starting to close now," Miller says. "That's going to occur with increasing frequency, so I would suspect that the \$15 million-plus market will be more like 50 percent new development, if not more."

The push for both higher price points in new high-end development is driven by two main factors, Miller says: costly land on which increasingly expensive residential product is being built and a global phenomenon of international investors seeking a safe haven for their capital.

"I like to say we're building the world's most expensive safety deposit boxes," Miller quips.

At the top of the chart was the \$70 million purchase of an apartment at 960 Fifth Ave., an all-time high, according to ACRIS data.

Still, the \$15 million



Egyptian billionaire Nassef Sawiris picked up Edgar Bronfman's 960 Fifth Ave. penthouse for \$70 million in June. / THE REAL DEAL



Newly single media mogul Rupert Murdoch purchased the 6,850-square-foot penthouse at the Related Companies and HFZ's One Madison in March for \$43 million. / RELATED

By the numbers

76

Closed sales of single-family properties at or above \$15 million in New York City in the past 12 months

90

Closed sales of single-family properties at or above \$15 million in New York City in 2008, the all-time high, according to ACRIS data

threshold represents an upper echelon of the market that is increasingly detached from the mainstream. While there is more product at that point, it still represents only the top 0.7 percent of all closed sales — less than 1 percent of the entire market.

JULIE STRICKLAND

TheRealDeal.com is a daily blog and monthly magazine covering real estate in the New York metro area.

THE REAL DEAL



New report

The latest

Warning: If real estate news depressed you in the past, get ready to weep. A new report by StreetEasy finds that nearly half (47.2 percent) of Manhattan listings in June were priced above 1.3 million. The good news is that the median sale price rose only 1.1 percent — the slowest quarterly growth since 2012. "This year, the market is showing signs of settling into a more sustainable path after a record-hot 2013," says data scientist Alan Lightfeldt.

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New Ikea products that will change your life

You know how a trip to Ikea goes: You go in for some wine glasses and walk out three hours later with a cartload of stuff you didn't even know you needed. Last week, the Swedish home decor brand unveiled its latest products. Although some are pretty standard, a few will make your life a lot easier. Here, we round up the five must-haves to focus on next time you venture to the megastore or shop online. **EMILY LAURENCE**

**Side table
with lighting**

The genius thing about this table/lighting combo is that the light's cord can keep your phone, tablet or whatever it is you keep on the table in place. The orange color keeps it playful, and you can move the cord around, threading different designs.



Cord-hiding nightstand

Cords are the worst. Keep your bedside table looking sleek with this table that not only has room for a power strip inside, but allows you to run the cord through the back of the drawer and the back panel.



Towel hangers

These helpful hooks are the perfect way to add more towel hanging options to your bathroom without having to drill any holes. Not only do they add a pop of color, they take up less room than a hanging rack.



Storage bed

Wish you had another closet? This piece is basically a bed and closet in one. Set up, it looks like a typical bed, but with one easy maneuver, it opens up to what is essentially a horizontal closet. You can fit a ton of stuff in there.



Graffiti duvet cover

This duvet cover is basically a blank canvas for your own personal touch. You can create your own graffiti art on it using fabric dye or paint.



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Masculine shirting takes a feminine twist

Designers such as Christian Dior and Nina Ricci (above) showed their version of the wardrobe staple on the spring/summer '14 runways.

GETTY IMAGES

Madewell sleeveless shirtdress

\$118,
Madewell.com

1



Rebecca Taylor dress

\$356,
Rebecca Taylor.com

2



H&M denim dress

\$30,
HM.com

3



We love throwing on our boyfriend's shirt and a pair of jeans — so we're happy to report that the borrowed-from-the-boys look is going strong this summer, thanks to the shirtdress. The preppy staple transitions from office wear (throw on heels) to weekend attire (with your Chucks) so flawlessly it might replace the strappy frock as your summer go-to. **TINA CHADHA**



Topshop Boutique dress

\$180,
Topshop.com

4



ASOS WHITE silk shirtdress

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ASOS.com

5



Chalk Mallet shirtdress

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Will this help you make smarter food choices?

Nutrition labels.

We look at the four major changes in the FDA's redesign.

Who eats half a packet of ramen noodles? Yet that's the serving size listed on its nutrition label. The eating habits of Americans, most notably portion sizes, have changed since the nutrition label debuted in 1993. The Food and Drug Administration is in the process of revamping it to better reflect modern packaging, ingredients and consumption. The agency is soliciting public comments until Aug. 1.

We talked to Janice Maras, research manager of the Dietary Assessment Center at Northeastern University, about the main changes to the label and tips for eating smarter.

Added sugars

For the first time, labels will differentiate between naturally occurring and added sugars. "When you eat an apple, you get the fiber and you get the complex carbohydrates. It's digested slowly and it's good for you," Maras says. "When you take that fructose out and put it in a liquid form, it becomes different." She also wants the FDA to go further by creating a Daily Value for sugar to put it into the context of a healthy diet.

New nutrients

Vitamins A and C, which Americans are no longer deficient in, are being dropped to make room for two new nutrients. Hypertension rates highlighted the importance of potassium, which boosts cardiovascular health. And contrary to popular



Vital stat

Calories

The calorie count is getting even more prominent. Maras reminds us that although the recommendation of 2,000 calories a day is an average — women should generally consume less and men more — it's a useful guideline for how many calories each meal should contain. Breakfast, lunch, dinner and two snacks combined should ideally cap at 500 calories each.

Managing your calorie intake is simple math. / ALL PHOTOS GETTY IMAGES

Nutrition Facts	
8 servings per container	
Serving size	2 1/2 cups (30g)
Amount per 2 1/2 cups	
Calories	230
% Daily*	
12%	Total Fat 1g
5%	Saturated Fat 1g
	Trans Fat 0g
0%	Cholesterol 0mg
7%	Sodium 160mg
12%	Total Carbs 30g
14%	Dietary Fiber 4g
	Sugars 1g
	Added Sugars 0g
	Protein 2g
10%	Vitamin D 2mcg
50%	Calcium 200mg
45%	Iron 5mg
5%	Potassium 40mg

The new label aims to make healthful eating easier. / FDA

Eating habits

How we got supersized

Portion sizes began to change in the 1970s with a radical shift in American lifestyles as we started relying more on restaurants. "We went from eating in the home to eating outside, and we want to get more for our money," Maras explains. "Even the good stuff we're eating, we're eating too much of, because we're eating out so much."

Serving sizes

The biggest benefit of the new label, according to Maras, will be to reduce confusion by better reflecting how much people are actually eating in one sitting. (The current serving sizes were set according to food surveys done in the 1970s.) A pint of ice cream will be divided into two servings instead of four; a 20-ounce bottle of soda will be a single serving. A family-size bag of chips will have two labels — one per serving and one for the entire bag (so all of us distractedly eating in front of the TV can feel appropriately guilty). "People need to see the truth," she says. "They're not going to really relate to a serving if that's not what they're eating."

belief, you cannot get enough vitamin D from spending 15 minutes a day in the sun. This deficiency, especially among obese people, is a concern given vitamin D's immune system benefits. But don't be fooled by good ingredients added to food. "Just because something has antioxidants or vitamins in it doesn't mean it's going to be healthy for you," Maras says. "Don't eat candy and think it's a fruit."

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Horoscope

♌ Leo | July 23-Aug. 22.

Don't part with your money unless you have proof that the cause is legitimate, or you could lose out.

♍ Virgo | Aug. 23-Sept. 22.

Make the most of your high energy level today. Get started on a new exercise routine and set up a proper diet plan. You will soon see positive results.

♎ Libra | Sept. 23-Oct. 22.

Find a position that will make good use of your talents. If you are in a dead-end job with no chance of promotion, consider other available options.

♏ Scorpio | Oct. 23-Nov. 21.

Try something new. Making a change in your appearance should provide you with a worthwhile diversion. Entertain.

♐ Sagittarius | Nov. 22-Dec. 21.

Finish what you start. If you leave any loose ends, you will have to explain your lack of responsibility to a higher-up.

♑ Capricorn | Dec. 22-Jan. 20.

Social engagements will figure prominently today. The potential for meeting someone appealing is high if you attend a community event.

♒ Aquarius | Jan. 21-Feb. 18.

Scrutinize your legal paperwork. Make sure that your documents are all up to date. It might be time to renew or revise some of your contracts.

♓ Pisces | Feb. 19-March 20.

Your intuition is strong today. You will be inspired if you visit an interesting location close to home.

♈ Aries | March 21-April 20.

If you have strayed off-course from your original goal, get back on track. Hard work can be debilitating, but you must take time to finish projects.

♉ Taurus | April 21-May 21.

Gatherings will help you strengthen important relationships. Do something that allows everyone to participate equally.

♊ Gemini | May 22-June 20.

Do whatever it takes to get in touch with an old friend. Arrange a short trip that will divert you from any discord occurring at home.

♋ Cancer | June 21-July 22.

You can ease tension with colleagues and peers if you are patient and understanding. Steer clear of arguments, and make it a point to listen. **BERNICE BEDE OSOL**

Sudoku: Easy and hard

			5		8	9		
		4		6			8	
2	8				1			3
9							3	2
	3		8	9	6		4	
8	7							1
4			6				5	9
	6			1		2		
		8	2		3			

		5			3	7		6
7			5			3	9	
3			7	9	6			
		9		7			5	
				1				
	4			6		8		
			8	5	1			3
	7	3			2			1
1		8	6			4		

How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

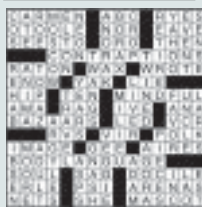
- 1 Ice-fishing need
- 5 Nomad dwellings
- 10 Intuition
- 14 Love, to Claudius
- 15 Inbox filler
- 16 Ferrara or Gance
- 17 Tighten a corset
- 18 Suitably
- 19 — monster
- 20 Chicken dish
- 22 Ms. Sarandon
- 23 New Year in Hanoi
- 24 I-70
- 25 Anthony of fiction
- 29 Fought like knights
- 33 Philosophy
- 34 Hi's comic-strip wife
- 36 Burrito alternative
- 37 Won — soup
- 38 Frogman's gear
- 39 Plant sci.
- 40 Blame
- 42 Wave maker
- 43 Stroll
- 45 Got to safety
- 47 Misted
- 49 Fuse word
- 50 Mich. neighbor
- 51 La Scala event
- 54 Millionaire makers
- 60 Disagreeable one
- 61 Child or Roberts

Down

- 62 Whale like Shamu
- 63 Late tennis great
- 64 Double —
- 65 Mrs. Charles
- 66 Cafe au —
- 67 Painter's undercoat
- 68 Ignore socially
- 1 Fair share
- 2 — Khayyam
- 3 Gene sites on a chromosome
- 4 Built
- 5 Dough raisers
- 6 Game officials
- 7 Evaluate
- 8 Linoleum square
- 9 Cunning
- 10 Sketchiest
- 11 Hieroglyphics bird
- 12 Banjo star — Fleck
- 13 Vitality
- 21 "Space" lead-in
- 22 Good name for a cook?
- 24 Sub —(secretly)
- 25 Cast member
- 26 Monotonous hum
- 27 Bright planet
- 28 Spanish hero (2 wds.)
- 29 Is in accord
- 30 Cat, informally
- 31 Quebec school

- 32 Was too fond
- 35 Belly dance lute
- 38 Short distance
- 41 Pimpernel color
- 43 "Rule, Britannia!" composer
- 44 Dowagers
- 46 Ms. Thurman of films
- 48 Baked item
- 51 Silica mineral
- 52 Leaning Tower town
- 53 Grades 1-12
- 54 Winter Olympics event
- 55 Fiesta cheers
- 56 Pie pans
- 57 Hematite yield
- 58 Pantyhose shade
- 59 Auto import
- 61 Snag

Yesterday's answer



Letters

Who else would we underpay?

Re: 'Immigrate as in times past' (Metro, July 28) Letter writer E. Campbell needs to understand that the reason we have upwards of 13 million illegal aliens in this country is that they are essential to the nation's economy. They fill menial jobs that no one else wants. They need to be kept illegal so they can be underpaid. If they were legal, they would demand decent wages and benefits. Besides, the legal immigration avenue is only available to people with unique skills, e.g. in advanced science and technology, plus a few lottery winners from selected countries.

PASQUALE G. TATO, VIA EMAIL

President has not been passive

Re: 'Letter writer right about cause of child immigrant crisis' (Metro, July 23) First, the president has set records on deportation of illegals, so he's been far from passive there. Second, this whole situation could be resolved if House Speaker John Boehner would grow a spine and bring comprehensive immigration reform for a vote in the House, given it has already passed the Senate and is supported by the public.

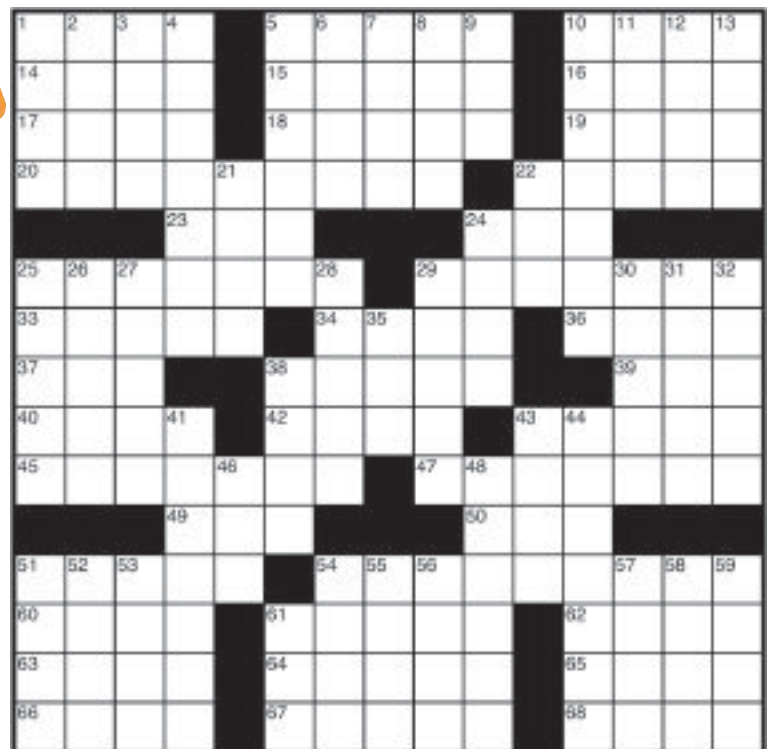
JOSEPH CONNELL, VIA EMAIL

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3

SPORTS



Sleeping it off

Abraham passed out prior to DUI

Former Jets defensive end John Abraham was apparently so intoxicated when he was arrested for DUI last month he passed out at the wheel in the middle of an intersection, according to a police report released Tuesday. The current Cardinals star had left the Pink Pony strip club in Atlanta and was approached by police at 4 p.m. It took several minutes for police to awake the 2014 Pro Bowler.

Wilson suffers neck 'burner' in practice

NFL. The Giants running back reinjured the neck he had surgery on during the offseason.

The Giants are installing an intricate new offense, so it would be nice for head coach Tom Coughlin if valued players weren't getting

picked off seemingly every day due to injury.

As the coach grows increasingly "frustrated" with wideout Odell Beckham Jr.'s injured hamstring, now he has even more to worry about as running back David Wilson suffered a burner on his surgically repaired neck just days after getting cleared for contact.

"He got a burner and we'll see. We'll



hear what [the doctors] have to say first, [but] we're all praying that it would not be an issue [and] that he would be able to come back and just go to work," said Coughlin. "I'm not going to speculate on what it is. We'll see what the doctors say."

Wilson had neck surgery in January to fuse the vertebrae and mend a herniated disc. He had shown progress in camp so far — particularly in

the way he's been able to bounce right up after absorbing several hard collisions.

The running back was sent to the Hospital for Special Surgery in New York for a battery of tests. Burners, or stingers, are a nerve injury which cause a player to temporarily lose feeling in his arms.

TONY WILLIAMS
@TBone8
sports@metro.us

MLB power rankings | by Ryan Hannable

No. 1



Athletics
(65-40)

Oakland has a plus-166 run differential — almost 70 more runs than the next closest team in the AL. Sonny Gray has been outstanding from the mound with 12 wins, tied for the AL lead.

No. 2



Angels
(63-41)

To think back to what a slow start the Angels got off to, it's incredible where they are at now — second-best in MLB.

No. 3

Dodgers
(59-47)

The Dodgers' rotation is stellar, led by Clayton Kershaw and his 1.76 ERA. Still, Los Angeles wants to add a starter.

No. 4

Brewers
(30-22)

Milwaukee has dropped two straight and lead the Cardinals by only 1 1/2 games. But Jonathan Lucroy continues to impress.

No. 5

Orioles
(58-46)

The Orioles are atop the AL East despite their relatively subpar pitching staff. Nelson Cruz and Adam Jones carry them.

No. 6

Tigers
(57-45)

The Tigers have lost three straight, but they still hold a sizable lead over the Royals thanks to Miguel Cabrera's 81 RBIs.

No. 7

Giants
(57-49)

San Francisco hasn't been able to score runs of late as in its last five losses it has posted five runs total.

No. 8

Nationals
(57-46)

Washington is still at the top of the NL East, but by just half a game as the Braves and Nats continue to go back-and-forth.

No. 9

Braves
(58-48)

Atlanta has picked it up lately, having won three straight. Perhaps under the radar, Jason Heyward is having a great year.

No. 10

Blue Jays
(57-50)

The Jays have won six of seven and are hot on the trail of the O's. Jose Bautista has reached base in seven straight games.

No. 11

Pirates
(56-49)

Pittsburgh sits two games behind Milwaukee in the Central. Andrew McCutchen's .311 average is fourth in the NL.

No. 12

Cardinals
(56-48)

As many expected, St. Louis is right back in the thick of things. Adam Wainwright's 13 wins and 1.92 ERA lead the NL.

No. 13

Mariners
(54-51)

The M's have dropped seven of 10 to fall double-digit games out of first in the AL West. Seattle may add an arm.

No. 14

Royals
(53-51)

With Detroit losing three straight games, it gave the Royals a chance to gain some ground — but they couldn't do so.

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